

YBD-101 - BASICS OF ENGLISH I - Spor Bilimleri Fakültesi - Antrenörlük Eğitimi Bölümü

General Info

Objectives of the Course

The aim of this course is to develop students' basic English language skills (reading, writing, listening, and speaking) to enable them to communicate effectively in daily and academic contexts.

Course Contents

This course covers basic English grammar, reading comprehension, writing, listening comprehension, and speaking skills. Students will learn everyday expressions and develop their language skills through various activities.

Recommended or Required Reading

Oxford University Press Headway Beginner 5th Edition coursebook , bilgisayar

Planned Learning Activities and Teaching Methods

This course is delivered online and is primarily designed as a communication-based and task-oriented lecture. It also includes listening, reading, writing, and speaking activities.

Recommended Optional Programme Components

The online activities of the textbook are also covered during the course and assigned as homework.

Instructor's Assistants

Serkan Coşkun

Presentation Of Course

Distance Education

Dersi Veren Öğretim Elemanları

Inst. Özge Poyraz Inst. Ruhi Erdem Çelebi Inst. Serkan Coşkun

Program Outcomes

1. Expand vocabulary for simple, context-specific conversations at the A1 level.
2. Improve reading comprehension by analyzing short texts and identifying key information.
3. Learn and use basic grammar rules at A1 level.

Weekly Contents

Order	PreparationInfo	Laboratory TeachingMethods	Theoretical	Practise
1	Headway Beginner Student's Book 5th Edition, pages (8-10)	Lecture, question-answer	Basic dialogues regarding greetings and introductions	
2	Headway Beginner Student's Book 5th Edition, pages (11-13)	Lecture, question-answer	Common objects, numbers	
3	Headway Beginner Student's Book 5th Edition, pages (16-18)	Lecture, question-answer	Self-introduction subject pronouns, cities and countries	
4	Headway Beginner Student's Book 5th Edition, pages (19-21)	Lecture, question-answer	Question patterns, frequently used adjectives, numbers.	
5	Headway Beginner Student's Book 5th Edition, pages (24-26)	Lecture, question-answer	Professions, To be verb forms	
6	Headway Beginner Student's Book 5th Edition, pages (27-29)	Lecture, question-answer	Giving personal information, daily dialogues	
7	Headway Beginner Student's Book 5th Edition, pages (32-34)	Lecture, question-answer	Possessive adjectives, family members.	
8			Midterm Exam	
9	Headway Beginner Student's Book 5th Edition, pages (35-37)	Lecture, question-answer	Frequently used verbs in the Present Tense, introducing family members.	
10	Headway Beginner Student's Book 5th Edition, pages (42-44)	Lecture, question-answer	Sentence structures in Present Tense, frequently used nouns	
11	Headway Beginner Student's Book 5th Edition, pages (45-49)	Lecture, question-answer	Nations, adjective phrases, numbers, currencies.	
12	Headway Beginner Student's Book 5th Edition, pages (52-55)	Lecture, question-answer	Asking and telling the time, adverbs of frequency.	
13	Headway Beginner Student's Book 5th Edition, pages (56-59)	Lecture, question-answer	Words that go together, days of the week, prepositions of time	
14	Headway Beginner Student's Book 5th Edition, pages (62-65)	Lecture, question-answer	Question words, object pronouns, demonstrative pronouns	
15	Headway Beginner Student's Book 5th Edition, pages (66-69)	Lecture, question-answer	Adjectives, email writing, Modal "Can"	

Workload

Activities	Number	PLEASE SELECT TWO DISTINCT LANGUAGES
Vize	1	1,00
Final	1	1,00
Ara Sınav Hazırlık	7	2,00
Final Sınavı Hazırlık	7	2,00
Derse Katılım	14	1,00
Ders Öncesi Bireysel Çalışma	14	1,00

Assesments

Activities	Weight (%)
Ara Sınav	40,00
Final	60,00

Antrenörlük Eğitimi Bölümü / Antrenörlük Eğitimi X Learning Outcome Relation

	P.O. 1	P.O. 2	P.O. 3	P.O. 4	P.O. 5	P.O. 6	P.O. 7	P.O. 8	P.O. 9	P.O. 10	P.O. 11	P.O. 12	P.O. 13	P.O. 14	P.O. 15	P.O. 16	P.O. 17	P.O. 18	P.O. 19	P.O. 20	P.O. 21	P.O. 22	P.O. 23	P.O. 24	P.O. 25	P.O. 26	P.O. 27	P.O. 28	P.O. 29	P.O. 30	P.O. 31	P.O. 32
L.O. 1								4																								
L.O. 2								4																								
L.O. 3								4																								

Table :

- P.O. 1 :** To be able to explain the concepts and principles related to the fields of Sport Sciences, Coaching, Conditioning and Performance Analysis in Sport.
- P.O. 2 :** Has knowledge about service delivery processes and operations in the fields of Coaching, Conditioning and Performance Analysis in Sports.
- P.O. 3 :** List near and far term goals for the highest levels to be reached for different age groups. Can make training plans for the near and long term in line with the goals and adapt them to changing conditions.
- P.O. 4 :** Has the knowledge of monitoring, interpreting, evaluating, analyzing and applying publications and current studies in different age groups.
- P.O. 5 :** Defines the legal principles of the duties, powers and responsibilities of the coach in line with the criteria and processes to be determined for the coaching education program.
- P.O. 6 :** Defines the statistical concepts related to access to information, research-intervention and related statistical concepts within the framework of ethical rules in the process of planning, conducting, reporting, presenting and developing scientific researches related to the coach.
- P.O. 7 :** Contributes to the development of sports infrastructure as a coach, acquires the necessary knowledge in the training of amateur, professional and national athletes at national and international level.
- P.O. 8 :** Have the ability to communicate in a foreign language.
- P.O. 9 :** In case of any problem that may arise from branch-specific or general environmental conditions in the sports branch, it creates suggestions for identifying and preventing the problem.
- P.O. 10 :** Takes into account the opinions of colleagues in different sports about coaching practice.
- P.O. 11 :** It examines and researches the problems encountered by athletes of different age groups, gender and training levels in the training processes related to the fields of Sports Sciences, Coaching, Conditioning and Performance Analysis in Sports.
- P.O. 12 :** Uses appropriate methods and techniques for the development of critical thinking, creative thinking, problem solving and analysis-synthesis skills of athletes.
- P.O. 13 :** The coach plans talent selection, orientation and development and modeling, development and follow-up in sport.
- P.O. 14 :** In relation to the general condition of individuals in different age groups, the coach determines the evaluation and application priorities in this direction by defining the person's sports branch, health and lifestyle profile, inadequacies, body structure and function, sports participation level, and plans a training program taking into account individual differences.
- P.O. 15 :** Apply the athlete performance-oriented regular training program in a systematic way by adapting it to daily life and sports branch.
- P.O. 16 :** The coach periodically checks individuals of different age groups with performance tests and reorganizes the training plan when necessary.
- P.O. 17 :** Collaborates with colleagues and different disciplines and works in sustainable relationships and communication.
- P.O. 18 :** Within the framework of confidentiality rules, taking into account the characteristics of individuals in different groups, shares the results of sportive evaluations and results with other professionals within the service areas.

- P.O. 19 :** Have the experience of working with other professionals in the training of athletes at national and international level.
- P.O. 20 :** Have the ability to work effectively, efficiently and ethically with other professionals and disciplines with which they interact.
- P.O. 21 :** Uses the tools, equipment, other hardware and educational technologies related to the sports branch chosen as specialization effectively according to the purpose
- P.O. 22 :** He/she coaches in the specialty he/she chooses with the license he/she is entitled to after graduation.
- P.O. 23 :** Conducts current studies on individuals at different levels and groups.
- P.O. 24 :** Actively uses computer programs and applications at the level required by the field.
- P.O. 25 :** Develops professional knowledge and skills within the lifelong learning process by participating in national and international in-service training, courses, workshops, seminars, meetings and congresses organized by institutions and organizations related to the fields of Sports Sciences, Coaching, Conditioning and Performance Analysis in Sports.
- P.O. 26 :** The coach uses effective communication skills by respecting the confidentiality of athletes from a psychosocial perspective.
- P.O. 27 :** Contributes to the protection of athlete health as a coach.
- P.O. 28 :** Has a team approach in sportive evaluation and training process.
- P.O. 29 :** Adopts the ethical and legal framework in collecting, recording and reporting the data required in the process of training program evaluation and development.
- P.O. 30 :** In addition to their attitudes and behaviors, they set an example to the society with their cultural competencies, act in accordance with democracy and human rights, social, scientific, cultural values and professional ethical principles.
- P.O. 31 :** Has a critical perspective in the process of planning, conducting and implementing scientific researches related to the coaching profession.
- P.O. 32 :** Takes responsibility with the understanding of interdisciplinary cooperation by protecting the coaching identity, consciousness and professional discipline.
- P.O. 33 :** Have effective communication skills with other professionals related to the coaching profession.
- P.O. 34 :** Follows and evaluates the events / developments on the agenda of the society and the world related to the field.
- L.O. 1 :** Expand vocabulary for simple, context-specific conversations at the A1 level.
- L.O. 2 :** Improve reading comprehension by analyzing short texts and identifying key information.
- L.O. 3 :** Learn and use basic grammar rules at A1 level.